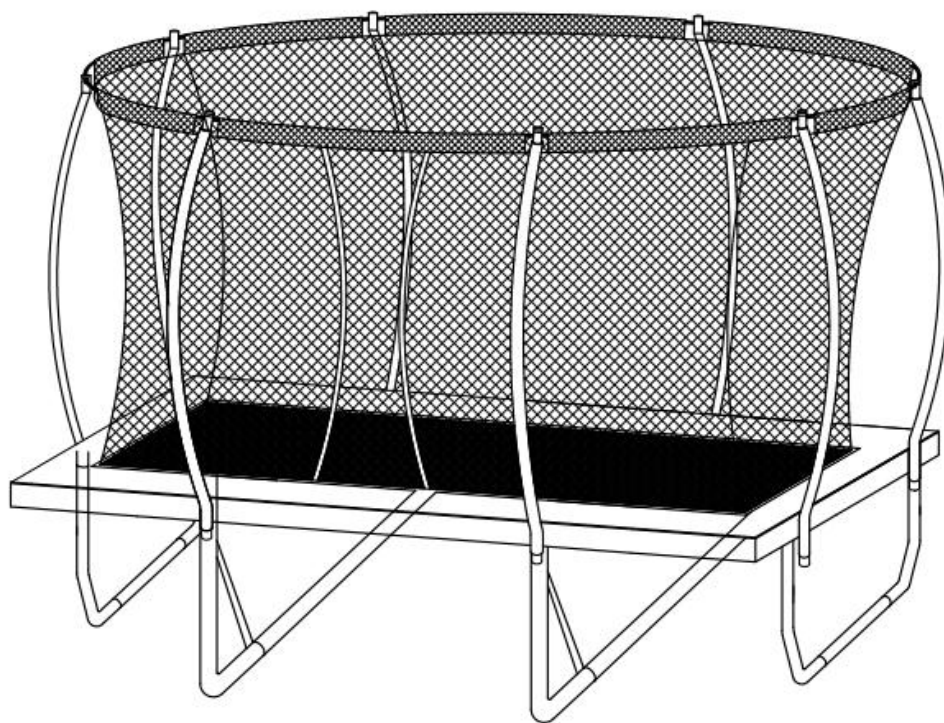




ASSEMBLY INSTRUCTION MANUAL

10x17FT RECTANGLE TRAMPOLINE



BIG AIR TRAMPOLINES

THANKS FOR JOINING THE BIG AIR TRAMPOLINE CLUB

Before you start using your new Big Air Trampoline, it's really important to go through all the information in this manual. Like any physical activity, there's a chance of injury, so following the safety guidelines and recommendations below is key to keeping everyone safe.

- Using the trampoline incorrectly can be dangerous and lead to serious injuries.
- Trampolines can launch users to heights that might feel a bit strange at first.
- Always check the trampoline thoroughly before each use.
- This manual has everything you need to know about assembly, care, maintenance, safety tips, warnings, and jumping techniques. Everyone using or supervising the trampoline should read and understand these instructions. It's important for users to be aware of their own limits when it comes to different jumps and bounces.

- **IMPORTANT:** Set up the trampoline only on a flat grass surface. We don't recommend putting it on concrete or any other hard ground.
- **IMPORTANT:** Make sure there's enough space around the trampoline, with at least 7.3 meters of clearance overhead and 2 meters around it.
- **IMPORTANT:** Once the trampoline is set up, keep it in that spot! Moving it after setup can cause the springs to lose tension and the frame to bend. If you need to move the trampoline, either take it apart or get at least 5-6 people to help move it horizontally.

Always check with a doctor before starting any physical activity.

ASSEMBLY GUIDELINES

For the assembly of this trampoline, it is advisable to have 2-3 adults. They are required to wear closed-toe shoes and gloves to protect their hands from potential pinch points during the assembly process. Ensure that the vicinity around the assembly area is free from any hazards that could lead to falls or loss of balance. Not adhering strictly to all instructions and warnings may lead to serious injury. We recommend allocating 1 to 3 hours to complete the assembly.

ASSEMBLY INSTRUCTIONS

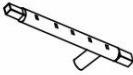
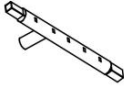
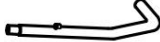
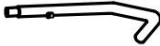
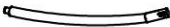
For assembling this trampoline, we recommend having 2-3 adults who are in good shape. It's important that they wear closed-toe shoes and gloves to protect their hands from pinch points during the setup. Ensure the area around where you're assembling is free of any hazards that could lead to falls or loss of balance. Not following the instructions and warnings carefully could lead to serious injuries. Plan to spend about 1 to 3 hours to complete the assembly.

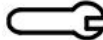
ASSEMBLY PROCESS

Check out page 2 for descriptions and numbers of the parts. The assembly steps will refer to these descriptions and numbers for your convenience. Make sure you have all the listed parts. If anything is missing, please reach out to support@bigairtrampolines.com.au, and we'll arrange to send replacements as soon as possible.

Parts List

Please check the parts list you have purchased.

Reference Number	Description	Item Photo	10x 17ft
1	Frame Tube 1		4
2	Frame Tube 2		2
3	Frame Tube 3		2
4	Frame Tube 4		2
5	Frame Tube 5		2
6	Frame Tube 6		2
7	Frame Tube 7		2
8	"L" type tube 1		2
9	"L" type tube 2		2
10	Leg Extension(Straight tube)		2
11	"L" type tube 3		4
12	Leg Extension		4
13	Upper safety net poles with foam and top hat		8
14	Lower safety net poles with foam		8
15	Fiberglass pole		11+2
16	Sleeve for safety net pole		8
17	Frame Pad		1
18	Bounce Mat		1

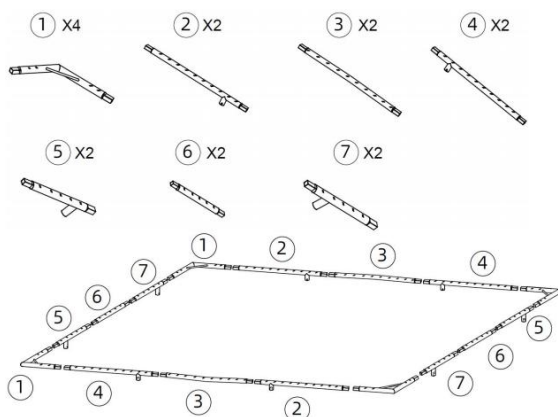
19	Spring		106
20	Safety Net		1
21	M6*40mm bolt(for tightening safety pole)		8
22	M6 nut		8
23	4# hexagonal spanner		1
24	6# hexagonal spanner		1
25	M8*60mm bolt(for tightening leg extension)		12
26	M8 nut		12
27	M8 flat washer		12
28	M8 spring washer		12
29	10# open spanner		1
30	14# open spanner		1
31	Leg Strengthen Tube		2
32	Black rope		2
33	Spring Tool		1
34	Instruction Manual		1

REMEMBER TO USE GLOVES DURING ASSEMBLY TO AVOID PINCHING IT WILL REQUIRE AT

LEAST TWO PEOPLE TO ASSEMBLE THE TRAMPOLINE

FRAME ASSEMBLY

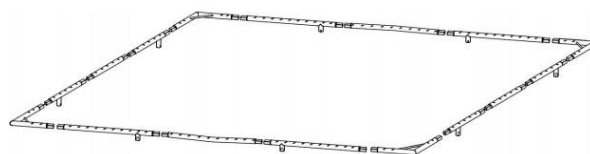
Step 1 – Set Out Frame



Lay all frame parts 1 – 7 in a rectangle on the floor – as shown. The spring Slits must be facing upwards.

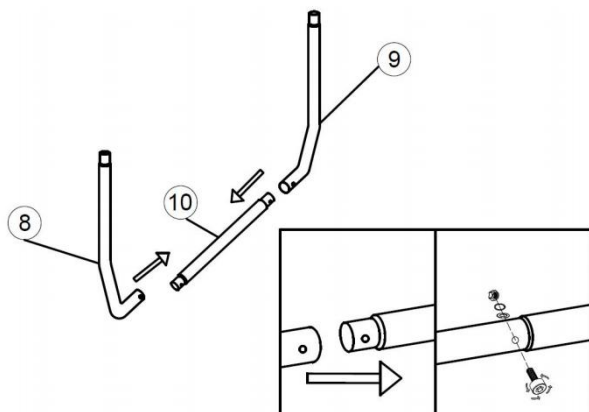
Note: The welded tube of frame tubes must face outwards. The enclosure poles attach to these later. Frame tube ③ are meant to be curved, the curve should face outwards.

Step 2 – Connect Frame Parts



Connect each frame tube in a sequence as shown.

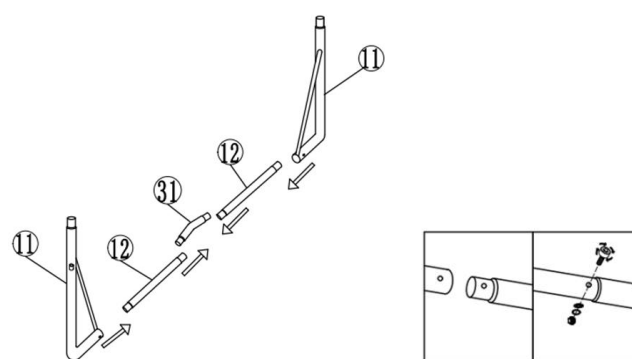
Step 3 – Set up 2 x Outside Legs



Connect the L shaped frame parts (8 and 9) into straight leg extension – Part 10.
Connect the leg tubes and securely fasten with M8 Bolts/washers.

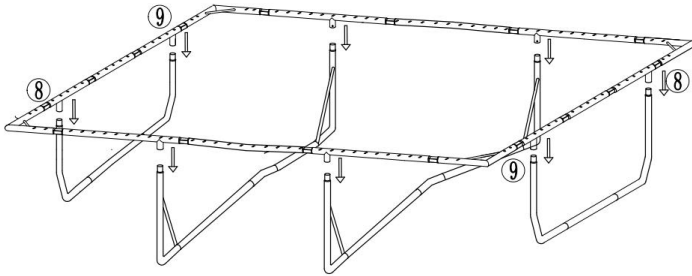
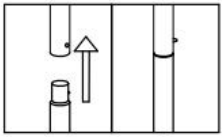
Note – One leg will feature L tube 8 positioned on the left side and L tube 9 on the right side. The opposite leg will have L tube 8 on the right and L tube 9 on the left. Please refer to the diagram in step 5 for clarification.

Step 4 – Set up the 2 x Inside Legs

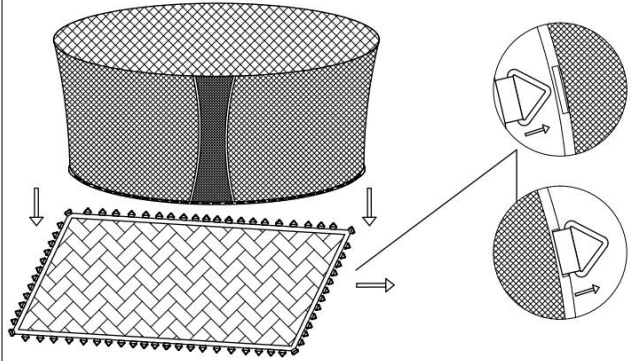


Connect 4 x L shaped frame tube 11 into the straight leg extensions – part 12.
Use M8 bolts/washers to securely brace the U-shaped legs with the Leg strut 31.

Step 5 – Connect the Legs to the Trampoline



Step 6 – Prepare Add the Bounce Mat and Safety Net



Lift up the completed frame tube on one side and insert the U-shaped leg of step 3 into the welded tube of frame tubes by locking pin. Repeat to attach all other legs of the trampoline.

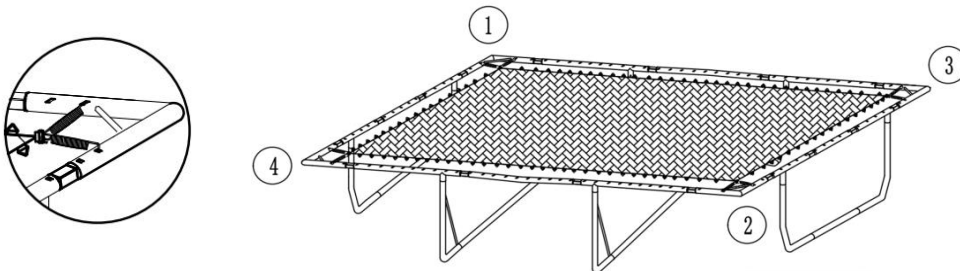
Note – 2 People will be required to left and hold the top frame parts in place.

Note – The mat and Net are added as one section to the trampoline frame.

Position the bounce mat on the floor with the logo facing upward. Next, unfold and lay the net over the mat, ensuring that the base of the net, which features a ribbon with slits, is properly aligned.

Identify the middle triangle (the 18th) along one of the longer sides of the rectangular jumping mat. Insert this triangle through the hole located at the bottom of the safety net's entrance, ensuring that the entrance is centered along one of the longer sides of the rectangular jumping mat. Proceed to complete this process for all triangles and corresponding holes.

Step 7 – Connect the Mat to the Corners of the Frame



Lay the jumping mat with the safety net inside frame.

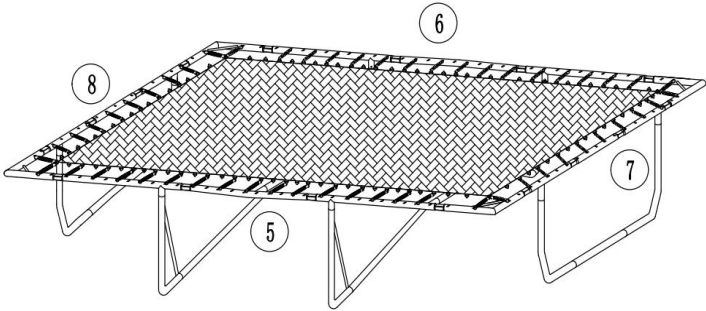
Firstly attach the four triangle rings on the corner of the mat

to the corner holes of the frame tube with springs by spring tool. Make sure attach small hook end of spring into the triangle rings and another big hook end of spring is attached to the hole of frame.

Note: Please attach 2 springs together to the triangle ring on the corner of mat like the above picture.

IMPORTANT: GLOVES MUST BE WORN FOR THIS PART OF THEATION TO AVOID PINCHING YOUR HANDS OR INJURY.

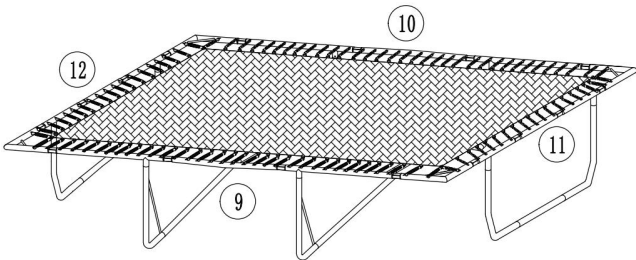
Step 8 – Add Springs in Sections Around the Frame



Attach the springs to the corresponding holes on frame tube alternately of each side. We suggest to follow the marked number to attach symmetrically.

Note – Avoid trying to install springs in a continuous line around the trampoline. The tension in one section will become excessive, making it difficult for the final springs to attach properly.

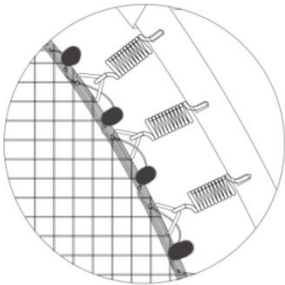
Step 9 – Finish Adding Springs



Attach the remaining springs symmetrically in the same way with step 8.

When the trampoline base is set-up as per the above image, ensure that the legs are at (exactly) a 90° angle to the floor.

Step 10 - CONNECT THE BASE OF THE MAT AND NETTING



CONNECT THE BASE OF THE MAT AND NETTING – close gaps on the jumping mat edge using the black rope(part No.32) secure the netting to the mat.

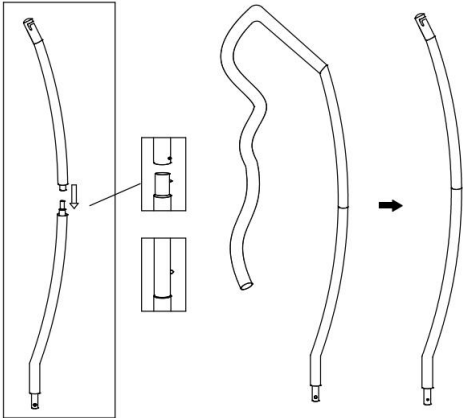
Thread the rope through both V ring of the mat and slit on base of the netting. Then continue to thread through the additional tab on the mat and repeat around the trampoline. (This will prevent any contact with the springs.)

Step 11 – Add the Frame Padding



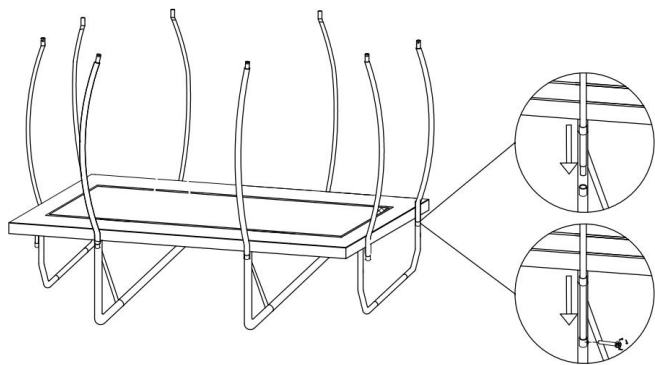
Lay the frame pad around on top of springs only with flaps hanging over outside frame. Stick the Velcro in both ends of frame pad together. Tie all black straps under safety pad to the frame tubes. Hang all the elastic strips under safety pad to the nearest spring hooks.

Step 12 – Set Up Enclosure Poles



Connect each upper safety pole and lower safety pole together by the pin. Cover the entire pole with sleeves. The top hats are out of the sleeves.

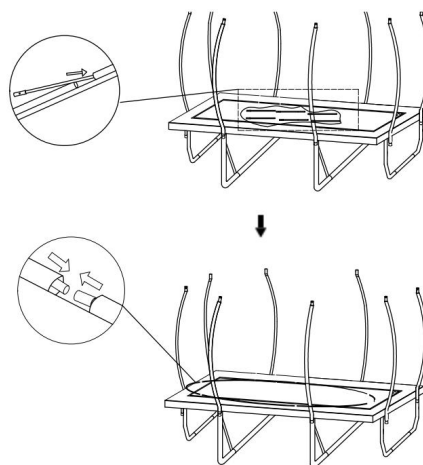
Step 13 – Connect Enclosure Poles



Insert the lower safety net poles into the two welded tubes of the leg tube, as shown in the picture.

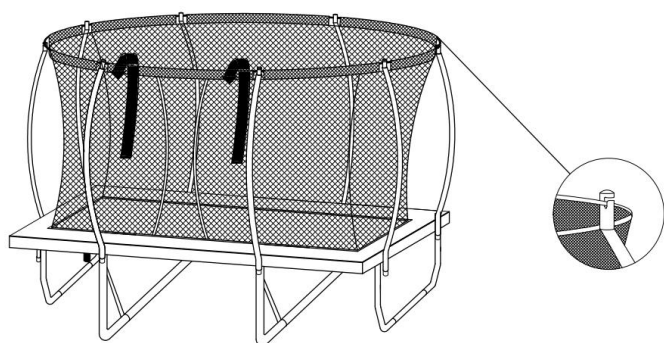
Tighten the safety poles with M6 bolts at the bottom welded tubes by spanner.

Step 14 – Connect and Attach Fiberglass Poles



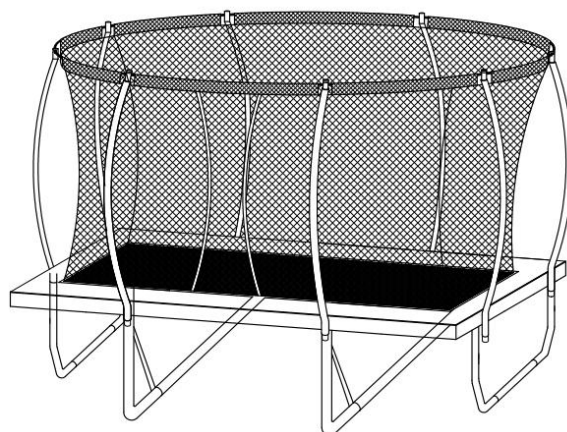
Insert fiberglass poles into the top pathway of safety net one by one. Join the ends of two fiberglass poles together by silver connector. If there is a shortest pole, then leave it assembled lastly.

Step 15 – Attach Net to Enclosure Poles



Stand on the jumping mat and then pick up the safety net's fiberglass poles and insert them to the black top hats one by one.

Step 16



Ready to jump!

Essential Tips for Using Your New Big Air Trampoline

First things first, take some time to get used to how the trampoline feels and bounces. Concentrate on your body position and practice the basic bounces until you can perform them smoothly and with control.

To stop a bounce, simply bend your knees sharply just before they hit the trampoline mat. This technique is crucial as you learn each basic bounce. Use this braking skill whenever you feel off-balance or lose control during your jumps.

Start with the easiest bounce and ensure you have good control before attempting more advanced moves. A controlled bounce means you take off and land in the same spot on the mat. Skipping ahead to harder bounces without mastering the basics can lead to injuries.

Avoid bouncing for long stretches, as fatigue can increase your risk of getting hurt. Bounce for a short while, then let others take their turn! Always stick to one person bouncing at a time to minimize injury risks. Wear a t-shirt, shorts, or sweats, along with gymnastics shoes, thick socks, or go barefoot.

If you're just starting out, consider wearing long sleeves and pants to protect against scrapes until you get the hang of landing properly. Steer clear of hard-soled shoes like tennis shoes on the trampoline, as they can damage the mat. Always get on and off the trampoline safely to prevent injuries.

To mount correctly, place your hand on the frame and either step or roll onto the frame, over the springs, and onto the mat. Remember to keep your hands on the frame while getting on or off!

ACCIDENT CLASSIFICATION

Mounting and Dismounting:

Be extra cautious when getting on and off the trampoline.

- AVOID climbing onto the trampoline by holding onto the frame pad, stepping on the springs, or jumping onto the mat from any elevated surface (like a deck, roof, or ladder). This can significantly raise your risk of injury!
- AVOID jumping off the trampoline to land on the ground, no matter what the surface is like. If little kids are using the trampoline, they might need assistance getting on and off.

Use of Alcohol or Drugs:

- AVOID using alcohol or drugs while using the trampoline! These substances can impair your judgment, reaction time, and overall coordination, increasing your risk of injury.

Multiple Jumpers:

- Having more than one person on the trampoline at the same time raises the likelihood of injuries. Accidents can happen if someone falls off, loses control, collides with another jumper, or lands on the springs. Typically, the lightest jumper is more likely to get hurt. When bouncing, try to stay in the center of the mat to minimize the risk of landing on the frame or springs. Always ensure the frame pads are in place to cover the frame and springs.

Loss of Control:

- AVOID attempting complex tricks or any moves until you've mastered the basics or if you're still learning how to jump. Trying difficult maneuvers can lead to injuries from landing on the frame, springs, or even falling off the trampoline due to loss of control. A controlled jump means landing

in the same spot you took off from. If you do lose control while jumping, bend your knees sharply upon landing to help regain control and stop your jump.

Foreign Objects:

Avoid holding any items in your hands or placing anything on the trampoline while someone is jumping. Be mindful of your surroundings, especially overhead. Objects like tree branches, wires, or anything else above the trampoline can increase your risk of injury.

Poor Maintenance of Trampoline:

Using a trampoline that isn't well-maintained can heighten your chances of getting hurt. Always check the trampoline before each use for any bent metal parts, torn mats, loose or broken springs, and ensure it's stable overall.

TRAMPOLINE SAFETY GUIDELINE CHECKLIST FOR JUMPERS:

1. Avoid using the trampoline if you've been drinking alcohol or using drugs.
2. Take off any hard or sharp items before jumping.
3. Always get on and off the trampoline carefully. Don't jump on or off it, and don't use it to bounce onto or into anything else.
4. Start by mastering the basic bounce before attempting more advanced moves. Check out the Basic Skills Section for guidance on the fundamentals.
5. To stop bouncing, bend your knees when landing on the mat.
6. Stay in control while jumping. A controlled jump means landing in the same spot you took off from. If you feel like you're losing control, try to stop bouncing.
7. Avoid jumping for too long or too high in a row.
8. Keep your eyes on the mat to help maintain your balance. Losing focus can lead to losing control.
9. Only one person should be on the trampoline at a time.
10. Always have someone supervising you while you're on the trampoline.

TRAMPOLINE PLACEMENT

For safety, ensure there's at least 24 feet (7.3 meters) of overhead clearance. Make sure there are no dangerous objects nearby, like tree branches, power lines, walls, or fences. When choosing a spot for your trampoline, keep these points in mind:

1. Place it on a flat surface (a grassy area is ideal).
2. Ensure the area is well-lit.
3. Check that there are no obstacles underneath the trampoline.

THANK YOU FOR CHOSING BIG AIR TRAMPOLINES

Contact us at support@biigairtrampolines.com.au with any questions regarding set up or use of the trampoline.

Updated : March 2025